This past year at my church’s Bible conference, we had a guest speaker who spoke about David and Goliath. Have you ever thought you could hear all of the possible messages from a passage of Scripture? I am learning to never think that as God’s Word can speak to us in so many ways. As David was looking at the children of Israel cowering before Goliath and the Philistines, he stated, “Is there not a cause?” David knew that God’s people had lost their testimony and was trying to wake them up. A very significant event was about to take place in David’s life and not one that he expected as he was bringing supplies to the front lines.

What is your “cause” as we go into this New Year? Looking back at this last election cycle, do you still marvel at the wasted energy expended? I had to remind myself and my patients that our salvation is not Republican or Democrat or politics in general. Yes, those things are important, but how much has been invested in something we really have no control over?

I realize a big cause in our life is our practices and taking care of the needs of our patients and families. Family, church, etc., they all cry for our time. The longer I live I realize what a time waster sports can be and how passionate we can become about our team. (This is much easier to write when your team is not doing well and you don’t care.)

The Westminster Catechism answers the question, “What is the chief end of man? Man’s chief end is to glorify God and to enjoy Him forever.” Jesus told us, “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it, Thou shalt love thy neighbour as thyself.” He also reminds us that “where our treasure is, there will our heart be also.”

As I look back at the past year, I think of the things that encouraged me to live for the right cause such as my daily quiet time, messages and fellowship at church, and meeting up with the pastor of my youth who encouraged me to study and memorize more scripture while I was young, especially the Sermon on the Mount. The CCA convention and getting to see The Ark Encounter and Creation Museum was another significant event. Going on a short-term missions trip to Jamaica with fellow Christian Chiropractors is always energizing.

Now is the time to put disciplines into practice. Do you want to get better at something? Today is the first day. We all want our lives to matter, and we need to realize that God has a calling and cause for our life to fulfill. Get up early tomorrow and spend time with God. Read good books. I am going to recommend three that have and continue to influence me: Studies in the Sermon on the Mount by D. Martyn Lloyd-Jones, The Lie by Ken Ham and The Secret Battle of Ideas About God, by Jeff Myers. Each morning I try to read from My Utmost for His Highest by Oswald Chambers, my Bible and a good book. Then I spend time in prayer and Scripture memorization. It takes work and discipline, but you can do it. Be a godly example, be involved in your church, and be the best chiropractor you can be. Do you want to go on a short-term mission? Today is the day to start planning and open an account with the CCA so you are ready to go when God places the call on your heart.

Here are the points made from the sermon alluded to at the beginning:

1. A Godly cause produces courage in the midst of fear. Saul was not walking with God, but David got courage from the earlier victories God had granted in his life.
2. A Godly cause produces vision in the midst of doubt.
3. A Godly cause produces perseverance in the midst of adversity. Even with his sin, David was able to repent and did not lose his cause.
4. We are surrounded by giants, but God is still in the giant-slaying business.

Have a great start to 2018!